

Anna Victoria Engstrom, RN, MS, GNP-BC

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ADDRESS

Environmental Autoimmunity Group, NIEHS
NIH 10-CRC/4-2352
9000 Rockville Pike
Bethesda, MD 20892

Phone: 301-451-6030

Email: aengstrom@mail.nih.gov

WORK EXPERIENCE

**National Institute of Environmental Health Sciences
Bethesda Maryland US**

Research Nurse Specialist

This position blends competencies of administrative precision with clinical leadership, proficient research support, extensive multidisciplinary collaboration, and specialized education.

CLINICAL LEADERSHIP. I have coordinated a highly functional clinical research team for a Phase I double-blinded randomized clinical trial. This has required exceptional people skills to problem solve complex unpredictable situations to improve processes and services to patient and protocol outcomes. I direct and perform quality assurance and quality control activities as they relate to protocol adherence, protocol monitoring, data collection, data abstraction, and data analysis. I assure standard operating procedures reflect the highest standards of data integrity and patient safety.

RESEARCH SUPPORT. I serve as an Associate Investigator on a number of clinical protocols and participate in all phases of the clinical research program. Duties include assisting in design, development, and approval of research protocols, as well as recruitment and screening of study participants, collection and interpretation of research data, and development of written reports describing research findings. Additionally, I also prepare protocol related documents for IRB submissions including SAE's, amendments, and annual updates for PI's.

COLLABORATION. I serve as the primary person of contact for patients, clinical staff, and research investigators. Duties also include following up on inquiries from referring physicians and patients who

express interest in obtaining more information about ongoing protocols. I have extensive contact multi-departmental personnel in order to plan, evaluate, coordinate, and follow-up on patient activities, initiate and promote collaborations, and for project management.

EDUCATION. My unique educational background as a biologist, nurse practitioner, and researcher allows me specialized insight into many arenas. I contribute to the education of self, staff, patients, and the community. I coordinate and organize the educational aspects of the Environmental Autoimmunity Group studies to provide optimal participation, compliance, and minimal protocol deviation. This involves teaching health care professionals within the institution and elsewhere regarding EAG protocol specifics. I attend and participate in regularly scheduled clinical rounds and conferences in which patients participating in the research program are discussed; working research meetings arranged by the PI's of research projects; conferences and other scholarly scientific meetings. I additionally maintain professional contact with patients and referring physicians to explain the patient's conditions and symptoms, interpret results of laboratory tests, and discuss the status of patients who are participating in the study.

National Institutes of Health

1/2002 - 3/2008

Senior Clinical Research Nurse

Respected, Non-judgmental Leader. As a senior clinical nurse, encouraged open, constructive discussion that fostered a cooperative involvement of all team members and staff. I have a “true open door policy” for staff to seek out my counsel, my advice, and my recommended actions. My actions and decisions are known as fair and un-biased resulting in outcomes that are consistent and without judgment. Strategic Problem Solver. Fair, level-headed, and able to discretely balance complex ethical issues. Willing to take on most difficult people challenges in unit. Superiors, peers, and patients recognized and trusted my approaches for examining and recommending best possible solutions. Expert at developing superior relationships with support services and medical team that resulted in win/win outcomes. Enthusiastic and competent, with a can-do attitude when difficult situations were presented. Peer Leader in Clinical Practice/Clinical Judgment. Continuing education into advanced practice nursing enriched my nursing knowledge, professional judgment, and experiential decision making. Competently and expertly served as a knowledge resource for entire staff for complex patient care. Recognized by all as an expert in Medical, Surgical, and Staff protocols. Developed instructional plans to teach patients home CVC care, tracheotomy care, gastrostomy care, wound care, dressing

changes, medicine management, follow-on care, emergency needs, restrictions, etc. Strong patient advocate based on understanding of protocol intensity and extensive hands-on experience with countless critically ill patients. Provided Superior Clinical Research Support. 3NW has continued to acquire many new Medical Oncology Protocols, as well as enhancing existing Immunotherapy and Surgical protocols. Served as the Expert Clinical Research Nurse for the Immunotherapy, Surgical, and Medical Oncology protocols. Served as the liaison between the research staff and nursing staff for all issues regarding potential changes of these protocols. Led implementation of these protocols for entire unit. Developed integrated staff education to ensure protocol integrity and consistent excellence in application by all. Developed process to insure that in-services are completed on the unit prior to a new protocol, or that new information was distributed to staff to insure protocol integrity. Dynamic Ethical Nurse Leader. With a minor in philosophical ethics, I served as a role model for “younger staff” to encourage an open mind when dealing with ethical issues, and showed them how not to internalize their own ethical dilemmas. Encouraged staff that are having difficult ethical conflicts surrounding patient care and patient issues to discuss them with each other, PPCT meetings, and physicians on rounds, and when needed to advocate for “care conferences” when dealing with difficult patients. (Contact Supervisor: Yes, Supervisor's Name: Sue Johnson, Supervisor's Phone: 301-451-0796)

Easton Memorial Hospital **5/2000 - 12/2001**

Staff Nurse

Major Duties included taking care of both surgical and oncology patients as a new nurse graduate. Principal focus was routine surgical procedures, post operative care, and administration of chemotherapy to oncology patients.

EDUCATION

University of Maryland Baltimore
Baltimore, Maryland US
Master's Degree - 12/2007
50 Semester Hours
Major: Geriatric Nurse Practitioner/Oncology Clinical Nurse Specialist
GPA: 3.86 out of 4.0
Honors: cum laude

University of Maryland Baltimore
Baltimore, Maryland US
Bachelor's Degree - 5/2005
120 Semester Hours
Major: Nursing
GPA: 3.53 out of 4.0
Honors: cum laude

Salisbury State University
Salisbury, Maryland US
Bachelor's Degree - 5/1997
120 Semester Hours
Major: Biology
Minor: Philosophy
GPA: 3.33 out of 4.0

**JOB RELATED
TRAINING**

Registered Nurse (Maryland) May 2000
Oncology Nursing Society Chemo Certified 2007
BCLS Certified 2008
Board Certified Nurse Practitioner (Maryland) March 2008
Project Management Essentials Fall 2008
Associate Investigator: Studies in the Natural History and
Pathogenesis of Childhood-Onset and Adult-Onset Idiopathic
Inflammatory Myopathies
Associate Investigator: Rituximab in the Treatment of Refractory
Adult and Juvenile Dermatomyositis (DM) and Adult Polymyositis
(PM)

AFFILIATIONS

Association of Rheumatology Health Professionals	Member
Sigma Theta Tau	Member
Salisbury State University	Alumni
University of Maryland Baltimore	Alumni